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LOVE INSPIRATIONAL QUOTES of Rumi: A Meditation-Colouring Book for Adults (CLOOU RMY WORLD WITH LOVE) (Volume 1)

Donna Rae


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**LOVE AND INSPIRATIONAL QUOTES
of RUMI**



**A Meditation-Colouring Book for Adults
by Donna Rae**

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#3954612 in Books 2016-02-08Original language:English 11.00 x .16 x 8.50l, #File Name: 099492989766 pages | File size: 20.Mb

Donna Rae : LOVE INSPIRATIONAL QUOTES of Rumi: A Meditation-Colouring Book for Adults (CLOOU RMY WORLD WITH LOVE) (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised LOVE INSPIRATIONAL QUOTES of Rumi: A Meditation-Colouring Book for Adults (CLOOU RMY WORLD WITH LOVE) (Volume 1):

0 of 0 people found the following review helpful. There are better ones around.By KSMost of the drawings are covered with black lines making it unattractive and leaving barely any space for coloring! I cannot imagine how one is expected to color a drawing when most of it is obscured.

“LOVE INSPIRATIONAL QUOTES of RUMI“ This meditation-colouring book was created for adults who want to experience the simple, yet very powerful experience of being “completely-in-the-moment”. The simple magic of natural mindfulness. Included are 30 original colour mandalas, with duplicates of each in black and white, for your creative colouring enjoyment. Guided affirmations are intended to reflect on each of the quotes by Rumi and help you to meditate. Mandalas can be simple or intricate. They are an ancient form of meditative art which is currently gaining new popularity. The repetitive designs are meant to lead the mind to a gentle focus and quiet meditation, to bring calm. The quotes compiled here are by Rumi, who was a well-respected, Persian poet, a jurist, scholar, theologian and Sufi mystic of the 13th century. “Rumi's influence transcends national borders and ethnic divisions. His doctrine advocates unlimited tolerance, positive reasoning, goodness, charity and awareness through love. To him and to his disciples all religions are more or less truth. Looking with the same eye on Muslim, Jew and Christian alike, his peaceful and tolerant teaching has appealed to people of all sects and creeds.” - Wikipedia Let Rumi’s time-honoured and well-loved quotes, about love and inspiration, guide you to thoughts of love. May they help you to connect mind to spirit, as you enjoy soothing and creative time ...colouring yourself relaxed!